



# Ad Clerum

## October 2021

Newsletter of the  
Archbishop of Sydney  
Circular No. 7/2021

### A Short Message From Archbishop Anthony Fisher OP

*Dear Fellow Priests and Deacons  
My fraternal greetings to you all!*

Last week we celebrated the First Assembly of the fifth such council of Australia. It was an extraordinary week, as Council Members sought to discern the voice of the Holy Spirit in all the submissions and preparatory documents of the Council, in their spiritual conversations, small group discussions and plenary interventions, in their prayers and occasional silences.

All sorts of things came up this week past: some imaginative and wise, some unhelpful or even impossible. In the Parallel Plenary Council conducted in some parts of the media over recent months and days, God has rarely been mentioned, or prayer, sacraments, vocation, holiness, saints, communion with the Church.

But if Jesus, the Word made flesh, is the Good Teacher to whom we bring all our questions, including the sixteen on the Plenary Council agenda; if His is the wisdom we seek to discern and apply, as the Bishops and their colleagues seek to discern among the many voices, then all will be well.

If as a Church in Australia we can keep the commandments and repent when we fail, if we can let go of every possession or privilege, ideology or attachment, structure or aspiration that gets in the way of the adventure of the Gospel, then the hearts of the faithful and the Church in Australia may truly be renewed.

We continue to listen to God speaking in the Word of Scripture, in the Divine Liturgy and in the members of the Church, and implore His guidance in the months ahead. I ask you to keep the Council members in your own prayers as well.

As we approach 80% double dose vaccination rates, we look forward to the re-opening of our churches, and welcoming back our flock. I ask you to join me in praying for a strong return of our flock.

*As always please be assured of my continuing prayers for you all.*

*+ Archbishop Anthony*

## 2021

dates to remember

**Archbishop's Advent**

10 December 2021 @ 3pm

St Mary's Precinct

**Catholic Missions Zoom**

21 October 2021 @ 2pm

**OFCC Zoom on Confirmation**

4 November 2021 @ 2pm

**Deceased Clergy and Religious Mass**

17 November 2021 @ 12pm

**OFCC Zoom on the Liturgy Office**

25 November 2021 @ 2pm

**All Day Clergy Conference**

3 March 2022

Doltone House, Sylvania Waters

## inside

### Ongoing Formation

- ◆ Venerable English College, Rome
- ◆ 2022 Sabbaticals – PNAC
- ◆ 2022 - Tantur Ecumenical Institute
- ◆ Sabbatical opportunities

## Please pray...

### For the repose of the soul of ...



#### Mr Joseph Le Khac Toan - RIP

Father of Rev Joseph Le Van Trong,  
Parish Priest of Carnes Hill.  
September 2021

### For those that are sick in our community ...

**Bishop Bill Wright, Fr John Iacono, Fr Steve De Bono, Mgr Frank Coorey, Mgr Brian Rayner, Fr Michael Butler, Fr John Alt, Fr Peter Maher, Fr Don Willoughby, Fr Noel Short, Fr David Coffey, Fr Michael Kelly and Fr John Snehadass** who are currently unwell.

### For special anniversaries occurring in August and September

I ask that you download the attached list  (October)  (November) and pray for our brother priests who have gone before us and for those who are celebrating their Anniversary of Ordination.

### For our Seminarians being ordained to the Diaconate


During the next couple of months some of our seminarians are preparing to be Ordained to the Diaconate

**Adrian Simmons** on 23rd November at 6pm at Christ the King, YAGOONA;

**Benjamin Saliba** on 27th November at 10:30am at St Felix, BANKSTOWN; and

**Ben Gandy** on 4th December at 10:30am at St Benedict's, BROADWAY.

If you would like to be part of these special celebrations please click on the link below to help assist us with seating arrangements for clergy on the respective days (to ensure all COVID measures are observed).

Please click on the link to register: 

**Mark Anderson** and **Michael Kasiita** will be Ordained to the Diaconate on 30th November @ 6pm at St Aloysius, CRONULLA. Please note that Cronulla parish are making their own arrangements with clergy attendance and will communicate to you directly soon.

Please keep these men in your prayers as they prepare for the important step in their faith journey.

**Congratulations** to **Bijoy Joseph** who was recently ordained to the Diaconate in Rome on 30 September 2021. He is currently studying at the North American College.

## I RECENTLY MADE THE FOLLOWING APPOINTMENTS: CLERICAL APPOINTMENTS

#### Rev Tibebeselassie Abza

Appointed Assistant Priest of the Parish of Our Lady of the Rosary, Fairfield from 16 October 2021.

#### Most Rev Terence Brady

Term as Member of Catholic Cemeteries Board extended until 31 December 2021.

#### Rev Arthur Givney

Reappointed Chaplain to the Legion of Mary, Sydney Senatus from 1 October 2021 for a term of three years.

#### Rev Marlon Henao Perez

Appointed Vice Rector of Redemptoris Mater Archdiocesan Missionary Seminary from 30 September 2021 until 12 February 2024.

#### Rev Michael Lanzon

Appointed Member of the Ephpheta Centre Committee from 9 September 2021 for a term of three years.

#### Rev Darryl Mackie

Appointed Member of the Aboriginal Catholic Ministry Committee from 9 September 2021 for a term of three years.

#### Rev Parthalomai Paniyadimai MSC

Appointed Assistant Priest of the Parish of Our Lady of the Sacred Heart, Randwick from 15 September 2021.

#### Rev Maurizio Pettena CS

Appointed Assistant Priest of the Parish of St Therese, Mascot from 3 October 2021.

#### Rev David Ryan SJ

Appointed Assistant Priest of the Parish of St Canice, Elizabeth Bay from 1 November 2021.

#### Rev Delmar Alberto Silva Paez CS

Appointed Assistant Priest of the Parish of Our Lady of Mt Carmel, Mt Pritchard from 5 October 2021.

#### Very Rev Maurice Thompson

Reappointed Chaplain to the Divine Mercy Cenacle within the Archdiocese of Sydney from 23 August 2021 for a term of three years.

## NON CLERICAL APPOINTMENTS

### Mr David Basseal

Appointed Director of CatholicCare Sydney Limited from 18 November 2021 for a term of three years.

### Ms Jane Bridges

Appointed Member of the Aboriginal Catholic Ministry Committee from 9 September 2021 for a term of three years.

### Mr Danny Casey

Term as Member of Catholic Cemeteries Board extended until 31 December 2021.

### Mr Steven Hely

Appointed Member of the Ephpheta Centre Committee from 9 September 2021 for a term of three years.

### Mr Chris Meney

Appointed Member of the Ephpheta Centre Committee from 9 September 2021 for a term of three years;

Appointed a Member of the Aboriginal Catholic Ministry Committee from 9 September 2021 for a term of three years.

### Hon Gregory Smith SC

Term as Member of Catholic Cemeteries Board extended until 31 December 2021.

### Mr Dominic Sullivan

Term as Member of Catholic Cemeteries Board extended until 31 December 2021.

### Sr Maria Wheeler RSC

Term as Member of Catholic Cemeteries Board extended until 31 December 2021.

## ONGOING FORMATION OF CLERGY

### CAS Clergy Retreat



In this year of 2021 our annual diocesan retreat was held via ZOOM. Fr. John Armstrong, the Spiritual Director of the Seminary of the Good Shepherd, led us through a week of prayer and discernment toward: 'Discovering a Contemplative Spirit!'

Twenty-two priests from Sydney were joined by three brother priests from Wollongong Diocese to pray over significant scriptural passages of Jesus' life and ministry,

in a contemporary context. We reflected on how we can respond to issues about COVID, Euthanasia through our personal encounter with Jesus on the road to Emmaus.

Although ZOOM situates us in a sort of one-dimensional context, John Armstrong's talks helped to put it in a very contemplative retreat context. Thanks John for your guidance.


*Kelvin Lovegrove*

Other recommended online retreat options for clergy who are interested can be accessed here:  and 

## The Bollettino from the Vatican

Stay up to date with the latest news from the Vatican 

## Jesuit and Ignatian Spirituality Australia

The Jesuit and Ignatian Spirituality Centre offer opportunities to discern What is God's Invitation in 2021? Click on the link: 

## Sharingtheword.info

As we all know, it is important for our ongoing formation that we spend some time keeping abreast of theological, spiritual, and pastoral reading. I would like to bring to your attention an e-library with theological material (full text books and articles) freely available to anyone with internet access at [www.sharingtheword.info](http://www.sharingtheword.info)

This resource is the work of former Veech librarian Hans Arns. It is thoroughly catalogued according to subject, keywords and author.


It might be useful in sourcing material to expand your reading in subject areas of interest to you.

## Cenacles of Prayer for Clergy

For over 40 years priests have been meeting in Sydney in cenacles of prayer. They began in the Blessed Sacrament chapel in Haymarket in 1980, and have been successively based in Surry Hills, Parramatta Cathedral, St. John's Park, the Slovenian church in Merrylands, MSC Monastery, Kensington, and, till lockdown, in St. Bernadette's, Carlton. They have now moved to zoom and are hosted from Canberra by Fr Emil Milat. This means priests can join from anywhere.

The name "Cenacle" comes from the room where Mary and the Apostles waited and prayed for the coming of the Holy Spirit. These cenacles consist of a short invocation of the Holy Spirit, a rosary, prayers for the intentions of the Pope, a reading and an act of consecration to the Immaculate Heart

of Mary. It takes about 40 minutes and, when it was live, was usually followed by fellowship with tea, coffee and snacks. The online cenacles are held on the 13th of the month at 2pm.

**The zoom link is:** 

Meeting ID: **648 673 1697** Passcode: **2602**

## IMPORTANT MATTERS

### Deceased Clergy & Religious Mass



The Deceased Clergy and Religious Mass will be held on 17 November 2021 @ 12pm.

It is hoped to be held at Rookwood in the Mary Mother of Mercy Chapel for people to attend, if restrictions are eased and if not it will be streamed.

### St Vincent's Health Check

If you have not had a health check-up in some time now might be the time. Please contact the **Vicar General's** office on **9390 5185** for contact details to book in your next health check.

### From the Liturgy Office

The Liturgy Office has access to many interesting books. Have a look at what they have by clicking on the link  Download the instructions to get started 

### Mental Might 6:

**Exercising our Imagination and Creativity is equally as important as Physical Exercise, as it stretches us into wider dimensions beyond ourselves - airing our minds and souls.**

*Dr Robbie Lloyd  
Research & Project Officer  
Justice and Peace Office*



### Sydney Centre for Evangelisation

As we slowly emerge from a three-and-a-half-month lockdown, we are conscious that the return to the new normal will take some time as our parishes, teams and agencies re-find their feet after the challenges of isolation and limitation, experienced in a variety of ways.

One of the brighter legacies of this period of lockdown has been the tremendous online engagement with spiritual initiatives over this time, expressing a desire among Sydney Catholics to remain connected with others and to find hope and nourishment in what have been challenging circumstances. This was underscored recently when some 120 participants from Sydney and beyond gathered online for a facilitated evening of intercessory prayer, for our priests and parishes of Sydney as they prepare for re-opening.

In a similar vein, we are also excited to announce that we have secured Bishop Robert Barron to speak at and launch a new series on evangelisation that our Sydney Centre for Evangelisation is offering online. Bishop Barron will be speaking to us on the call at the heart of the Gospel: the mission to 'go make disciples' as echoed by our Archdiocesan Mission Plan and so well supported by our Parish Renewal Team.

The weeks ahead will also see us gather with parish sacramental coordinators for a retreat day as these pastoral leaders are critical to the evangelisation of families and children who approach the Church with openness to the Gospel and a desire for full initiation into the life of the Church.

With our churches soon to re-open, we also thank a number of priests who have recorded welcome messages to encourage people back to the Eucharist and our communities via social media. We have been blessed by their support and generosity. We will also this year be producing Advent resources to further encourage a renewed sense of shared prayer and community in local parishes and communities following these past months of isolation. We can only hope for a more stable path to Christmas; thank you for your ongoing support.

*Daniel Ang*

**Director, Sydney Centre for Evangelisation**

### Parish Renewal Update

**Dear Fathers,**

As our churches reopen and our communities gather in person again the Parish Renewal Team has some great resources to support you in engaging your parishioners in spiritual conversations about discipleship and how we live this more fully in our parish communities.

Despite recent difficulties, people who are passionate about their faith and their parish communities have been coming out of the woodwork to attend retreats, worships, and formation series run by the Parish Renewal Team.

#### Parish Renewal prayer gathering

Last Thursday we gathered with 120 Catholics online for a Holy Hour livestreamed from the Regent's Park convent of the Dominican Sisters of St Cecilia. Catholics from 50 parishes and 20 groups and ministries gathered to pray for the renewal of our parishes. Read more here.

## Bishop Robert Barron and Dr Mary Healy to Address Sydney in new series

In November we have two big opportunities which have been created to support you in engaging your parishioners in spiritual conversations about discipleship and how we live this more fully in our parish communities.

The first is new monthly series offered online called 'Reclaiming Evangelisation: How Jesus Great Commission Will Renew Our Parishes'. With Archbishop Fisher present, Bishop Robert Barron will launch the online series on Saturday 13th November via Zoom with a talk entitled 'Why Make Disciples?'

The case for the evangelising mission of the Church'. In support of the Archdiocesan mission plan Go Make Disciples, the series will make the case that Catholic communities are renewed when we seek to live more fully the mission given to us by our Lord, to call disciples, baptise them, and teach them. Each talk will be followed by Q&A with the speakers as well as the by the opportunity for small group discussions.

The series will continue in early 2022 with an address by Dr Mary Healy, an international speaker and a professor of Sacred Scripture at Sacred Heart Major Seminary in Detroit. Read more here

## Advent Companion and Advent Group Workshops coming soon

After the positive feedback about this year's Lenten Companion, the Parish Renewal Team is developing an Advent companion for our parishes: Rejoice! Receiving and Sharing the Gift of the Good News. The booklet, which will be available for download in the weeks prior to Advent, will contain the Gospel readings for the Sundays of Advent and Christmas Day, reflections from Archbishop Anthony Fisher OP, Professor Tracey Rowland and others, questions for discussion groups, and other resources for Advent. The Parish Renewal Team will also be offering online workshops about how to lead an Advent group in person or online. The workshop can be attended on 27 October, 28 October, or 4 November.

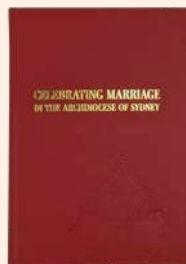
As we begin to physically gather again for worship and community life, I pray this will be a time of joy and spiritual fruitfulness in your communities.

I hope and pray that these practical offerings will support you as you seek to lead your people in the spiritual renewal of your parish community.

If you have any questions, please feel free to contact me on **0436 52 99 46** or [elizabeth.arblaster@sydneycatholic.org](mailto:elizabeth.arblaster@sydneycatholic.org).

*Pax,*  
*Elizabeth Arblaster*  
*Parish Renewal Manager*  
**Sydney Centre for Evangelisation**

## Red Book Pastoral Tip No. 10



Currently priests and deacons of the Latin Church cannot validly assist at marriages that involve two Eastern Catholics when one belongs to an established Eastern Church or when an Eastern Catholic marries a Christian of another denomination or unbaptized person. See p.40 of the Red Book for more detail.

If you have any queries or concerns then please contact Paula Mortel in the Tribunal.

*Fr Julian B Wellspring EV JV*

## PLENARY COUNCIL

### News from the Plenary Council Working Group

#### October Assembly

The Opening Mass for the Assembly was livestreamed from Perth and it was a wonderful acknowledgement of our indigenous people with a very moving smoking ceremony and welcome to country. The liturgy was rich with symbol and engagement by the faithful in a state where Covid restrictions are eased. In Sydney the Opening Mass for the Sydney Archdiocese was live streamed from St Mary's Cathedral.

The Assembly is now underway and we have been pleased to have the opportunity of engaging in a variety of ways of participating online. We now await the outcome this First Assembly and steps forward to the next Assembly in July 2022.

We were pleased that our co-chair Professor Sandy Lynch has been appointed as an expert to the Plenary and Kym Newman will assist in the minute taking.

#### Zoom Reflection for Members from Sydney on September 11

The reflection by Sr Monica Cavanagh RSJ on Synodality and Listening was well received by Sydney members of the Plenary Council, CRA representatives, Parish Ambassadors and clergy. There was rich sharing in the small groups and the responses in the small groups were hope filled. Reports on the Collation of Feedback on the Plenary Council Agenda from Sydney Archdiocese.



We were delighted with the number of responses from individuals and parishes to the Agenda within such a short timeframe. These have now been collated and an executive summary and full report were sent to the Archbishop, Plenary Council National Team, parish Ambassadors and the responders.

If you would like a copy of the collated responses please contact [jo.brady@sydneycatholic.org.au](mailto:jo.brady@sydneycatholic.org.au)


## Communication about the Assembly

Information regarding the Assembly including weblinks to the Plenary Council website, online Masses in Sydney and other information was sent to parishes, parish ambassadors, and the Catholic Weekly. It is anticipated that these links would be helpful in keeping everyone informed and able to participate in the Assembly.

Following the Assembly the Plenary Council Working Group (PCWG) is here to assist parishes in any follow up that will come out of the Assembly. We will keep you all informed of any developments.

*Sr Jo Brady, Plenary Council Liaison Officer  
On behalf of Bishop Terry Brady and  
Sandra Lynch, Co-Chairpersons,  
Sydney Archdiocesan PCWG*

## Plenary Council Website

What are we called to do? Who are we called to be? How do we need to change? For all your Plenary Council needs and resources, please go to this website 




## The Areté Centre for Missionary Leadership



The Areté Centre for Missionary Leadership offers laity the opportunity to be formed and equipped for evangelisation through the year-long Foundations of Missionary Leadership course.

Students receive a blend of spiritual formation, theological knowledge, practical skills and human development needed to be fruitful in this mission, and engage with the Archbishop's vision for parish renewal in the mission plan Go Make Disciples.

The Sydney Centre for Evangelisation is offering a limited number of subsidies for laity serving in key roles in parishes who may wish to enrol in this course, which is undertaken principally online and on a part-time basis.

If you have parishioners you feel would be suitable, you can contact **Tania Rimac** with the name of the candidate/s to [tania.rimac@sydneycatholic.org](mailto:tania.rimac@sydneycatholic.org). And you can visit  to find out more about the course. Enrolments close October 31, 2021 and places are limited.

**Foundations of Missionary Leadership Course FAQ** 

## CLERICAL FUND NOTICES

### Collections and Offerings

As lockdown continues, please provide creative opportunities for parishioners to contribute generously towards Parish First Collections, both during lockdown and as we emerge from lockdown. Reminder about payment of monthly stipends: They are paid on the last day of the month at the place where a priest is assigned. The payment should not be paid in advance, especially as the conditions of Government support are changing quite quickly.

### Clerical Fund Claims

Please submit your claims to the Clerical Fund for approval and processing. We would appreciate, where possible, electronic submission to [clergy@gmail.com](mailto:clergy@gmail.com)

### Clerical Fund Management Committee Meetings for 2021

- 09 December 2021

Claims should reach us two weeks prior to the meeting date, otherwise they may be held over until the next meeting. Please email or phone the office (**9390 5166**) with any query in regard to claims.

### 2021 AGMs - CLERGY REMUNERATION SYSTEM AND CLERICAL FUND

The 2021 AGMs for both the CRS and Clerical Fund are scheduled for **Thursday, 28 October 2021** at the Liverpool Catholic Club. Invitations will be sent closer to the date.

### Supply

To help cover our priests in parishes and to allow them to plan sabbaticals we are in search of men who are able to help out in the parish with supply.

We are also looking for priests who are able to celebrate weddings on weekends all over the Archdiocese.

If you are able to help please fill in the form below: 

## Can you celebrate Mass in another language?

To help cover our priests in parishes and to allow them to plan sabbaticals we are in search of men who are able to help out in the parish with supply.

We are also looking for priests who are able to celebrate weddings on weekends all over the Archdiocese.


If you are able to help please fill in the form below:

Google form here: 


## Important News about WWCC renewal

Please note this important information from the Office of the Children's Guardian:

### PERSONAL DETAILS MUST BE UPDATED


Everyone who holds a Check is now legally required to update their contact details, including any name or address changes, within three months – just like your driver licence. And like your licence, penalties will apply for people who don't update. Updating your details is simple – go to  and follow the directions. You can even find your Check number here if you don't have it to hand.

*Office of the Children's Guardian*

For information and to renew your WWCC number click here 

Please advise the Chancery when you have updated your WWCC number.


## Sabbatical considerations

Please find below some Sabbatical options that may be of interest. Please click on the link below for a full list of recommended Sabbatical options for you to consider, both locally and overseas 


## Venerable English College, Rome

Please click on the link for possible Study opportunities 

## Institute for Continuing Theological Education Pontifical North American College – Rome

Please click on the link to find out what the PNAC is offering for Sabbaticals in 2022 

## Tantur Ecumenical Institute

Please click on the link to find out what Tantur is offering for Sabbaticals in 2022 

With my best wishes.  
Yours fraternally in Christ



Most Rev Anthony Fisher OP  
ARCHBISHOP OF SYDNEY

# THE LAST WORD: WORK HEALTH & SAFETY



## Working from home? *A Mental Health wellbeing checklist for lockdown*



Set up routine and structure for your workday — create boundaries between 'work time' and 'home time'.



Create a specific place in your home where you work. Avoid working in your bedroom (if possible) so it doesn't become associated with being alert, awake and switched on.



Stay connected with co-workers and your manager by scheduling regular virtual or phone meetings. This can help you feel less isolated, stay productive and reduce stress. Try a digital detox in the evenings so you can spend quality time with your family, or do the things you want to do.



If you're not stuck in self-isolation, try to get outside at least once a day. Go for a walk, get some fresh air, and sunshine.



Focus on the silver linings. Working from home can have many benefits. It can improve productivity, reduce distractions, reduce stress, & improve work satisfaction.



### *Your Parish WHS A Team*

See the Parish Intranet Site  
for all your WHS needs:  
[sydarch.org.au/parish](http://sydarch.org.au/parish)





# Agency News



## For October 2021

### Special Religious Education (SRE)

Half of Catholic children are in Government schools. I ask you to show parishioners these recruitment videos and resources:

1. Three 90-second Catechist recruitment videos to play before or after Masses: 



2. "Catholic Faith Learning from Home" downloads: 
3. CCD's Faith Formation YouTube channel of recorded webinars by clergy, religious and lay leaders: 


### Return-to-school update

1. "Return to SRE" information will be provided to Clergy and Catechist when this becomes available.
2. Parishes should arrange the usual Term 4 meetings with schools to plan SRE for 2022. CCD will send a guidance email
3. At the end of October, CCD will provide Christmastide message templates and resources for parishes to ask schools to communicate to our SRE families.

### 2021 Annual Catechist Mass – 30 January 2022 date claimer

The 2021 Archdiocesan Catechist Mass has been postponed until Sunday 30 January 2022. Details to be advised. Your Parish Catechists to be awarded in the Cathedral for 20+ years' service are listed on the next page. Awards for 5, 10 and 15 years' service will be sent to parishes to award on Catechist Sunday (6 Feb 22).

### Online Sacramental Preparation

Gratia Series children's activity book PowerPoints with voiceovers/scripts are available to help run online groups and guide parents at home: 



To you, our clergy and religious, thank you for your prayers and constant support. Please be assured of our prayers for you as we pray that all families go gently at home. St Joseph, pray for us.

Doug Mawhinney | Director CCD Sydney  
office@ccdsydney.catholic.edu.au



# 2021 Annual Archdiocesan Catechist Mass Award Recipients

## 55 YEARS OF SERVICE

Merryl Foster	Ryde
Dianne Mary McGrath	Padstow

## SAINT JOHN PAUL II AWARD - 50 YEARS OF SERVICE

Elisabeth Roth	Mascot
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## CARDINAL GILROY AWARD - 40 YEARS OF SERVICE

Mary Bowler	Smithfield
Beryl Dinos	Greenacre
Barbara Joan Sherry	Revesby Heights
Maureen Sullivan	Kogarah

## LIFE MEMBER AWARD - 30 YEARS OF SERVICE

Louise Brady	Denistone
Patricia Byron	Caringbah
John Camilleri	Austral
Margaret Joan Edwards	North Ryde
Christopher Phang Yeok Lim	Clovelly
Neda Lozina	Bossley Park
Robert John Mayor	Mortlake
Marguerite Martin	Ashfield
Victoria Micalizzi	Croydon
Mary Pankiw	Cabramatta
Tony Sakr	Hurstville

**2021 ANNUAL CATECHIST  
MASS HAS BEEN  
RESCHEDULED TO  
SUNDAY  
30 JANUARY 2022**

## CARDINAL FREEMAN AWARD - 25 YEARS OF SERVICE

Norina Fincato	Riverwood
Julia Goff	Peakhurst
Josefina Gonzaga	Rockdale City
Nahla Margaret Lawler	Bass Hill
Teresa Levi	Mascot
Rita Machaalani	Marrickville
Barbara Martin	Earlwood
Yvonne McDonnell	Sutherland
Margaret Nohra	Bass Hill
Nadia Pospischil	Bonnyrigg
Janelle Shad	Oatley
Trudi Simpson	Bonnyrigg
Yvonne Vitagliani	Bossley Park
Carol Wood	Sefton

## APOSTOLIC BLESSING - 20 YEARS OF SERVICE

Anne Brotherton	Penshurst
Mary Cail	Marrickville
Peter Collins	Gymea
Roslyn Driscoll	Cronulla
Matilda Indrapradja	Mascot
Celeste Link	Croydon
Mona Massoud	Mascot
Dawn Petersen	Rockdale City
Josephine Quinn	Clemton Park
Mary Catherine Reidy	Carlton
Vittoria Scutella	Bonnyrigg
Karen Thom	Panania
Penny Virgona	Mosman
Catherine Wing Yi Chan	Haymarket



Supporting  
Parish Catechists



CATHOLIC  
ARCHDIOCESE  
OF SYDNEY

## From CatholicCare



### Hampers with love from CatholicCare and the community

Thanks to the support of a neighbouring business owner in Liverpool, who would like to remain anonymous, the CatholicCare Home Care team were able to support some of our most vulnerable clients through the delivery of delicious and fresh food hampers.

The hampers contained not only the freshest of local produce, but also some beautifully crafted homemade blankets, lovingly knitted by volunteers at Mount Gilead Estate



■ John McGarry – feeling loved and appreciated as a CatholicCare Home Care client.

near Campbelltown. The hampers brought a smile of gratitude from the recipients with Home Care Client, John McGarry responding with the following note: “I would like to thank you so much for the lovely gift. I will rug up with my new blanket and enjoy my fruits. I feel loved and appreciated as a Home Care client. I would also like to thank my Care Worker, Sean Paul, he is lovely and very caring.”

CatholicCare would like to thank their office neighbour and volunteers at Mount Gilead Estate for helping them to support the community.

If someone you know would like to find out about a Home Care Package with CatholicCare, please make contact with the friendly CCareline team on **13 18 19**.



### Emotional and spiritual support through CatholicCare Home Care packages

CatholicCare Home Care packages offer a wide range of practical services to help seniors live comfortably and happily in their own homes. The most popular services include meal planning, domestic duties, access to physical activities, be it bowls, tennis, or Pilates and Allied Health Services such as physiotherapy and podiatry. But did you know CatholicCare now offers Chaplaincy Support as part of their Home Care packages?



If seniors are experiencing feelings of loneliness, loss, or grief or are going through significant life changes, such as family separation, a CatholicCare Chaplain may be able to help.

CatholicCare Chaplains can offer spiritual and emotional support in the home, such as the Eucharist, prayer, meditation, or simply a listening ear. CatholicCare Chaplains have the knowledge and experience to understand the journey through grief, loss, and bereavement, and can also offer support through pre and post surgery, when fear of the unknown is often the cause of unsettling feelings of anxiety and stress.

“Our Home Care Clients often seek out Chaplaincy and Pastoral services in times when they are experiencing spiritual, emotional and transitioning periods in their lives.

## Can you picture yourself being a foster carer?

Family Spirit are seeking safe and stable homes for children for up to 6 months or longer.

To learn more about becoming a carer register for our next online information session on **Wednesday, 27 October, 12.30pm – 1.30pm**.

To register call 13 18 19

## Family Spirit

FamilySpirit.org

✉ admin@familyspirit.org

🕒 8am – 6pm Monday – Friday



Not everyone has faith or religion-based needs, but rather are looking for an attentive ear, and a presence from a Chaplain who is prepared to listen, observe, and honour whatever the client is ready to share that day. Together we create a safe space to talk through specific concerns that are important to address and plan for,” says CatholicCare Chaplain, Sinead Kent.

If someone you know might be interested in the support of a CatholicCare Chaplain or would simply like some more information, please call CatholicCare’s CCareline on **13 18 19** or email: [chaplaincy.homecare@catholiccare.org](mailto:chaplaincy.homecare@catholiccare.org)

## Safeguarding

### National Mental Health Month

October marks the start of National Mental Health Month, this year’s theme is ‘**Mental Health: Post Pandemic Recovery Challenges and Resilience**’ Ministering to those who suffer from mental illness is an essential part of the pastoral care of the church. Mental health can strike deep within a human, impacting and affecting all aspects of their life - work, family, relationships, prayer and even their relationship with God.



During this month the Safeguarding Office recognises how import Self-Care is, especially during these difficult times. As a member of clergy you are called to be sources of hope, strength and healing for those struggling with mental health and trauma, just as looking after these individuals is important, it is also important for you to look after yourself.

Steven Hobfoll, in his article, ‘*Five Essential Elements of Immediate and Mid-Term Mass Trauma Intervention: Empirical Evidence*’, offers five essential elements of intervention to help look after yourself:

1. **Safety**
2. **Calm**
3. **Connection**
4. **Self and Collective Efficacy**
5. **Hope**

**Safety** - helps to reduce the impact of both the biological responses to trauma and the cognitive inhibitors of recovery. Providing a safe environment for yourself is key to self-care.

**Calm** - Promoting a calming and regulating environment it will help to reduce anxiety levels and leave you feeling calmer within yourself.

**Connection** - connectedness is essential for creating a sense of belonging. During Covid many may have felt that they lost their sense of connection. During times when restrictions ease, it is great opportunity to invest in relationships and strengthen connections with family and friends.

**Self and Collective Efficacy** - this concept is based on the belief that there are circumstances within our control and that decisions and actions we take can and do lead to positive outcomes. Self-efficacy cannot be fostered alone it requires collaboration.

**Hope** - Hope is something that an individual and a community can actively cultivate. It is important to try and latch on to the smallest moments of success and positivity that come our way.

The World Health Organisation defines mental wellbeing as “*a state in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community*”

The Safeguarding Office has developed a Self-Care Plan which has been designed to assist you in identifying strategies to take care of yourself physically, emotionally and spiritually. Because taking care of your overall sense of wellbeing is important.

## Do you know someone who could be a foster carer?

Family Spirit are seeking safe and stable homes for children for up to 6 months or longer.

They can learn about becoming a carer by registering for our next online information session on **Wednesday, 22 September, 6.30pm – 7.30pm.**

To register call 13 18 19

**Family Spirit**

[FamilySpirit.org](http://FamilySpirit.org)

✉ [admin@familyspirit.org](mailto:admin@familyspirit.org)

🕒 8am – 6pm Monday – Friday

The Safeguarding Office hopes that you will find this tool useful. Remember that it is OK to reach out to people and ask for help. Click [here](#) to download the Self-Care Plan, or for more information regarding National Mental Health Month please click [here](#)



## New Safeguarding Changes to Canon Law

From 8 December 2021 there will be a number of new changes to Canon Law concerning safeguarding. The changes are in “Book VI: Penal Sanctions in the Church,” of the Vatican’s Code of Canon Law.

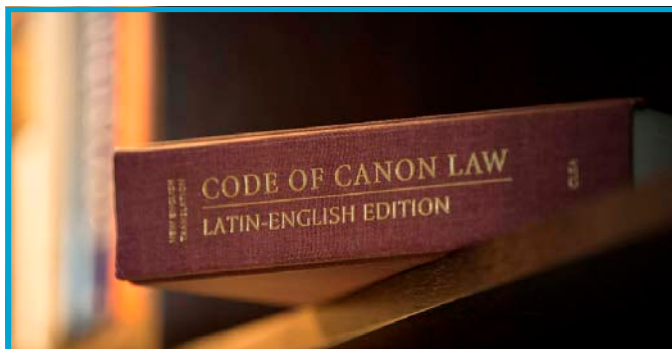
The changes are a result of more than a decade’s work to revise the Code and strengthen the provisions for those who commit sexual offences. Changes concerning safeguarding are outlined in a new chapter - Title VI - Offences against human life, dignity and liberty.

The revisions have been informed by and reflect victims and survivors of abuse, which is making the Church aware and responsible by introducing changes to canonical provisions which can support the healing process involved by the whole ecclesial community.

### Key revisions:

- Requirement that offences must be reported and that bishops and religious superiors respond to these reports by making use of the Church’s penal procedures. Bishops can now be removed for failing to report suspected crimes to Church Authorities
- Recognition that adults as well as children can be victimised by clergy who abuse power — canonical crimes relating to minors and a person who “habitually has an imperfect use of reason or with one to whom the law recognises equal protection” are established in a specific canon.
- Expanding the application of canons dealing with abuse to religious and laypeople who have a role, office or function in the Church — not just to clergy but to “any

one of the faithful who enjoys a dignity or performs an office or function in the Church”



- Recognition of grooming minors or adults who habitually have an imperfect use of reason to pressure them to take part in pornography as a criminal act.

**Anna Sammut**

Safeguarding Officer - Training and Development

## Safeguarding Bite No. 44



### 2021 Self-Assessments

**Parish, Agency and Chaplaincy Self-Assessments are now be due back.**

**Please send your completed Self-Assessments to**

**[safeguardingtraining@sydneycatholic.org](mailto:safeguardingtraining@sydneycatholic.org)**

**Thank you to everyone who has already submitted their Self-Assessment**

